Sister Concerns
Ahalia Foundation Eye Hospital, Kerala
Ahalia Ayurveda Medical College Hospital, Palakkad
Ahalia Diabetes Hospital, Palakkad
Ahalia Women & Children’s Hospital, Palakkad
Ahalia Public School, Palakkad
Ahalia School Of Optometry, Palakkad
Ahalia School Of Pharmacy, Palakkad
Ahalia School Of Engineering & Technology, Palakkad
Ahalia School Of Management, Palakkad
Ahalia School Of Paramedical Sciences, Palakkad
Ahalia Heritage Village, Palakkad
Ahalia Medicine Manufacturing Unit, Palakkad
Ahalia Children’s Home, Palakkad
Ahalia Community Radio(90.4), Palakkad

UAE
Ahalia Hospitals, Abu Dhabi
Ahalia Medical Centres across UAE
Ahalia Pharmacies all over the UAE
Dawn Trading, Abu Dhabi
Al Ahalia Money Exchange Bureau, Abu Dhabi

Ahalia Health, Heritage & Knowledge Village
Ahalia Campus, Palakkad - 678557. © 04923-225000, 225234
Cataract Surgery

A cataract is a clouding of the lens in the eye which leads to a decrease in vision. Cataracts often develop slowly and can affect one or both eyes.

Our Services

- Cataract & Comprehensive Ophthalmology
- Diabetic Retinopathy
- Glaucoma
- Cornea
- Vitreo Retina & uvea
- Pediatric Ophthalmology
- Squint
- Eye Bank
- ECHS, RSBY & Insurance
- Contact Lens Clinic
- Optical Shop
- Pharmacy

Symptoms of Cataract

- Faded Colors
- Blurry Vision
- Halos around Light
- Trouble with Bright Lights
Injection Free Cataract Surgery

Only eye drops are used to Anesthetize the eye!!

- No risk of bleeding
- Instant recovery
- No need for patching
- No need to stop anti-coagulants

Glaucoma

Glaucoma is a disease that damages your eye's optic nerve. It usually happens when fluid builds up in the front part of your eye. That extra fluid increases the pressure in your eye, damaging the optic nerve.

Symptoms of Glaucoma

- Your vision is suddenly blurry
- You have a headache
- You throw up (vomit)
- You have severe eye pain
- You feel sick to your stomach (nausea)
- You see rainbow-colored rings or halos around lights

Normal Vision | Early Glaucoma | Extreme Glaucoma

Normal Eye | Glaucoma
Vitreo-Retinal Services

- Diabetic Retinopathy
- Retinal Detachment
- Macular Hole
- Retinopathy of Pre-maturity
- Vitreous Hemorrhage
- Retinal Vein Occlusion
- Vasculitis
- Epi Retinal Membrane
- Vitreo-Macular Traction
- Macular Degeneration (Wet arm)

Diabetic Retinopathy

Diabetic retinopathy is the more advanced form of the disease. At this stage, new fragile blood vessels can begin to grow in the retina and into the vitreous, the gel-like fluid that fills the back of the eye. The new blood vessel may leak blood into the vitreous, clouding vision.

Cornea

The cornea is the transparent, dome-shaped window covering the front of the eye. It is a powerful refraction surface, providing 2/3 of the eye's focusing power. Like a watch glass, it gives us a clear window to look through.

Deeper injuries can cause corneal scarring, resulting in a haze on the cornea that impairs vision. If you have a deep injury, or a corneal disease or disorder, you could experience:

- Pain in the eye
- Sensitivity to light
- Reduced vision or blurry vision
- Redness or inflammation in the eye
- Headache, Nausea, Fatigue

If you experience any of these symptoms, seek help from an eye care professional.
**Pediatric Ophthalmology**

**Vision First!!**
*Because children are future visionaries*

Watching the object too closely could be clue to vision impairment.

We have all the facilities to assess the child’s vision
- Assessment of visual acuity appropriate for the age
- Accurate refraction
- Dispensing suitable pediatric eye wear
- We also manage red eye, watering, itching and any other symptoms related to child’s eye

**Squint / Strabismus**

Squint and wandering eye in children – is a “good luck” is a false social belief, can cost vision of the child for life. Squint in adults can be because of life threatening events.

We manage all types of squint in children and adults like,
- Duane’s retraction syndrome
- Squints in Thyroid eye disease
- Nystagmus and many more.....

**Lasik**

LASIK is a surgical procedure that uses a laser to correct nearsightedness, farsightedness or astigmatism.

LASIK (Laser In situ Keratomileusis) is a safe and effective vision correction for myopia (shortsightedness) hypermetropia (long-sightedness) and astigmatism.

The LASIK surgery is performed by an ophthalmologist who uses a laser or microkeratome to reshape the eye’s cornea in order to improve visual acuity.
OPTICALS

Frames
- Wayfarer
- Rimless
- Half Rim
- Rectangle
- Ultra-Light
- Metal / Shell

Lenses
Lens Thickness: Standard-Thin, Extra-Thin, Ultra-Thin
Lens Type: Progressive, Crizal, Transition, Tined Lenses

Sunglasses (Specialty: Titanium, Polarized, Prescription, Sporty, Premium)

Top Brands:
- Rayban
- Oakley
- Tommy Hilfiger
- Emporio Armani
- Carrera

Contact lenses:
Frequency: Daily, Weekly, Monthly, Yearly
Lens Type: Soflens 59, Pure vision 2, Soflens multifocal, Soflens Daily Disposable

Brands:
- Rayban
- Oakley
- Tommy Hilfiger
- Emporio Armani
- Dolce & Gabbana
- Carrera
- Police
- Vogue
- Polaroid
- D&G
- Arcadio
- Hugo boss
- Boss Orange
- Oxydo
- Safilo
- Montblanc
- Roden stock